

Óglaigh na hÉireann
IRISH DEFENCE FORCES

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QUALIFIED IN A TRADE OR SKILL, YOU
CAN BE A BETTER, STRONGER PERSON.

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Irish Defence Forces General Service

Breaking News...

There are new age requirements for General Service Recruitment into the Irish Defence Forces for Army Recruit | Naval Service Recruit | Air Corps Recruit

Applicants must not be less than 18 years of age and under 29 years of age at the time of application. The Irish Defence Forces recruit Army, Air Corps, and Naval Service recruits all year round.

Where are our units located?

ARMY UNITS

1 Brigade Galway, Limerick, Cork, Kilkenny
2 Brigade Dublin, Louth, Meath, Westmeath, Donegal
DFTC (Defence Forces Training Centre) Kildare

AIR CORPS UNITS Dublin

NAVAL SERVICE UNITS Cork

Application Process

Stage 1 Online Application
All applications to join the Irish Defence Forces must be made online on our website at www.military.ie

Stage 2 Psychometric Test (Online)
Applicants must pass the online psychometric test in order to progress to the next assessment stage. The test will assess numerical reasoning, deductive reasoning, word rules, error detection and logic/spatial awareness.

Stage 3 Fitness Test
Applicants must pass the Defence Forces Induction Fitness Test in order to progress in the recruitment process

Stage 4 Interview
Applicants will be interviewed by a panel of 2 to 3 Defence Forces personnel. Questions will focus around teamwork, motivation and ability to work under pressure.

Stage 5 Medical Assessment
Applicants will undergo medical assessment which includes blood pressure, urine test, height, weight, eyesight test, physical exam and a medical history questionnaire. A Medical Officer will conduct the medical assessment.

Recruit Training Overview

THE Recruit Training syllabus is designed to produce physically fit, disciplined and motivated Two Star Privates, Naval Service Able Rates, and Air Corps Airwomen/Airmen, with basic military skills. Recruit training is the foundation of all military training.

It is approximately 12 weeks in duration. On successful completion of Recruit Training, the trained Recruit will then take on a further 12 weeks of training in their respective service. This training will be specific to their chosen service. Recruit training is broken down into four phases:

1. Induction Period **2. Introductory Training Period** **3. Tactical Training Period** **4. Final Training Period**

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DEFENCE FORCES RECRUITMENT INFO!

ARMY | NAVAL SERVICE | AIR CORPS

FOLLOW WHERE!

www.military.ie