



Óglaigh  
na hÉireann  
IRISH DEFENCE FORCES




**YOU CAN BE MORE, YOU CAN BE QUALIFIED IN A TRADE OR SKILL, YOU CAN BE A BETTER, STRONGER PERSON.**

**[BE MORE]**

**WITH THE IRISH DEFENCE FORCES**

[www.military.ie](http://www.military.ie)



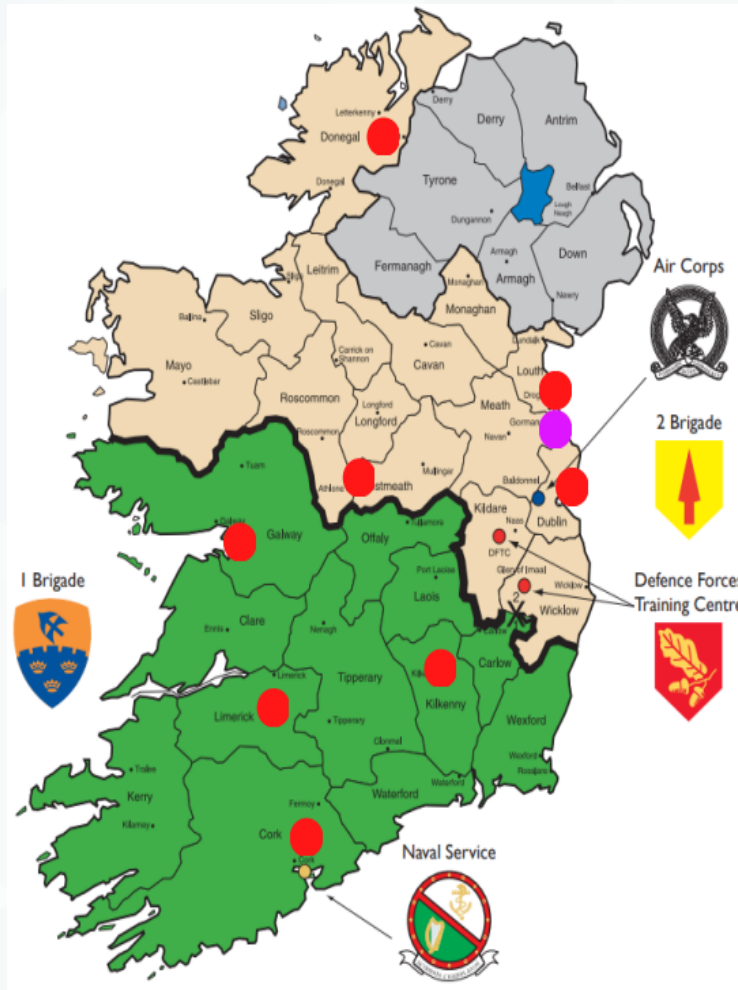
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# Irish Defence Forces General Service

**Breaking News...**

There are new age requirements for General Service Recruitment into the Irish Defence Forces for  
Army Recruit | Naval Service Recruit | Air Corps Recruit

Applicants must not be less than 18 years of age and under 29 years of age at the time of application.  
The Irish Defence Forces recruit Army, Air Corps, and Naval Service recruits all year round.



**Where are our units located?**

**ARMY UNITS**

<b>1 Brigade</b>	<b>2 Brigade</b>
Galway	Dublin
Limerick	Louth
Cork	Meath
Kilkenny	Westmeath
	Donegal

**DFTC**  
(Defence Forces Training Centre)  
Kildare

**AIR CORPS UNITS**  
Dublin

**NAVAL SERVICE UNITS**  
Cork

## Application Process



## Recruit Training Overview

THE Recruit Training syllabus is designed to produce physically fit, disciplined and motivated Two Star Privates, Naval Service Able Rates, and Air Corps Airwomen/ Airmen, with basic military skills. Recruit training is the foundation of all military training.

It is approximately 12 weeks in duration. On successful completion of Recruit Training, the trained Recruit will then take on a further 12 weeks of training in their respective service. This training will be specific to their chosen service. Recruit training is broken down into four phases:

**1. Induction Period**



**2. Introductory Training Period**



**3. Tactical Training Period**



**4. Final Training Period**



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# DEFENCE FORCES RECRUITMENT INFO!

ARMY | NAVAL SERVICE | AIR CORPS

[@irish\\_defenceforce\\_recruitment](https://www.military.ie)



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